

Albany County **Prevention, Treatment & Recovery Services**

Albany County OASAS Prevention Providers

✓ **The Addiction Care Center (ACCA) -Prevention and Community Education Services**

Prevention Services

The ACCA delivers prevention education to thousands of Capital Region children each year to help support healthy communities and prevent underage drinking, drug abuse and other risky behaviors such as early sexual activity, school delinquency and teen violence.

Our prevention programs include:

- An Apple A Day© (AAAD)
- Grow Girl! © And Boys Only! ©
- Strong Families
- Anti-Bullying Programming

Community Education Services

ACCA's Community Education program delivers the following interactive workshops and presentations to schools, community organizations and corporations upon request.

- Bullying Prevention: Take a Stand, Lend a Hand
 - Cyberbullying: The Wave of the Future
 - Alcohol Awareness: Myths & Facts
 - Addiction Awareness: Signs & Symptoms of a Deadly Disease
 - Current Trends in Substance Abuse
- Contact: Jen Vitkus, @ (518) 465-5829 or jvitkus@theacca.net.

✓ **Prevention Education in Catholic Schools**

Works with students, teachers and parents to increase the skills needed to avoid the use and abuse of addictive substances. Prevention Services promotes physical, emotional, spiritual, and intellectual health by teaching social skills to the school community. The skills are taught using evidenced based programs that have been approved by The New York State Office of Alcoholism and Substance Abuse Services (OASAS).

- Contact: (518) 453-6666

Albany County OASAS Treatment Programs

By Levels of Care

Withdrawal and Crisis Stabilization Services

Medically Managed Detoxification- a crisis service indicated when the individual is (1) *at risk of severe withdrawal*; (2) *at significant risk due to complications or co morbidities*; or (3) *incapacitated by substances* and there is *substantial risk of physical harm to the individual or others*.

Medically Supervised Detoxification- a crisis service indicated when the individual is (1) *at risk of moderate withdrawal*, and (2) *lacks support for early abstinence*.

Medically Supervised Outpatient Withdrawal and Stabilization (Ambulatory Detoxification)

- ✓ St. Peter's Hospital Detoxification Unit – Inpatient Capacity: 18 beds
 - Contact: Steve Boulet @ 518-525-1303

Non- Crisis Treatment Services

Inpatient Rehabilitation Services- are designed to initiate the treatment and recovery process for individuals who are (1) *unable to comply with treatment outside a 24 hour structured treatment setting* or *there is imminent health risk from continued AOD use and there are complications or co-morbidities requiring medical management/monitoring daily* or *the client does not have substantial deficits in functional skills requiring longer term rehabilitation*. These are medically supervised services that may be provided in general hospitals, psychiatric hospitals and free standing facilities. Inpatient treatment includes the management of physical or mental complications or co morbidities which may be present. Nursing services are available on a 24 hour basis.

- ✓ St. Peter's Addiction Recovery Center (SPARC Guilderland)- Capacity: 40 beds
 - Contact: Admissions @ 518- 452-6791

Stabilization Services

Stabilization Services - Delivers medical and clinical services, including managed withdrawal and medication assisted treatment (MAT), and focused on stabilizing the individual and increasing coping skills to then transition to other levels of care.

- ✓ Addiction Care Center of Albany, Inc.-
 - Men's - 90 McCarty, Contact: 518-434-8083
 - Women's - TREE HOUSE, Contact: 518-465-5470
- ✓ Hospitality House –
 - Men's- Contact: 518-434-6468 ext. 118

Residential Rehabilitation Services

Residential Rehabilitation- (CCII) is designed for individuals who are *unable to participate in or comply with treatment outside a 24 hour structured treatment setting or there is an imminent health risk from continued AOD use*, and there are no complications or co morbidities requiring medical management /monitoring daily, but *the client has substantial deficits in functional skills* requiring longer term rehabilitation. These services seek to enhance the social and functional skills of individuals who may be isolated from conventional social relations, engage in inappropriate social behaviors, have poor personal care skills and/or have difficulties with activities of daily living.

- ✓ Hope House Inc., The Bette Center – Capacity: 35 beds
 - Contact: 518-465-2441
- ✓ Hospitality House (Men only)- Capacity: 45 beds
 - Contact: Young Do @ 518-434-6468
- ✓ Hope House The Next Step (Women only)- Capacity: 20 beds
 - Contact: 518-465-5249
- ✓ Addiction Care Center of Albany, Inc. (Men)- Capacity: 24 beds
 - Contact: 518-434-8083
- ✓ Addiction Care Center of Albany, Inc. (Women)- Capacity: 16 beds
 - Contact: 518-465-5470
- ✓ Hope House Men’s Recovery Program - Capacity: 20 beds
 - Contact: 518- 452-0001 ext. 204
- ✓ Hope House Women’s Recovery Program – Capacity: 20 beds
 - Contact: 518 486-8973

Community Residential- (CCII) These services are designed to provide a safe, alcohol and drug free therapeutic domestic environment for persons who are homeless or whose home environment does not support treatment and recovery. These individuals have *inadequate living environments*. These services are provided in **conjunction** with outpatient treatment services and other services as indicated by the treatment plan.

- ✓ Hope House Women and Children’s Community Residence (Women and Women and Children)- Capacity: 41 adult beds
 - Contact: 518-453-8315
- ✓ SPARC- 2nd Ave. Community Residence (Men)- Capacity: 22 beds
 - Contact: 518-449-5170 ext. 113

Supportive Living Services-(CCII) are indicated for clients referred by other OASAS certified services who have an inadequate living environment, but who exhibit skills and strengths necessary to maintain abstinence and readapt to independent living in the community with minimal clinical and peer support. When clinically appropriate, clients may be referred directly to supportive living from OASAS certified inpatient and residential rehabilitation upon discharge.

- ✓ Addiction Care Center of Albany, Inc., - ACCA Supportive Living (Men and Women)-
 - Contact: @ 518-434-8083 ext. 21 and/or ext. 316
- ✓ Hope House The Next Step Supportive Living Program (Women Only)- Capacity: 6 Beds
 - Contact: @ 518-465-5249

Residential Re-Integration Services

Residential Re-Integration Services - provide a transition to participants from structured intensive treatment settings towards more independent living experiences. Direct clinical care is provided off site and community based. A safe living environment with a high degree of behavioral accountability is the structure of the level of care.

- ✓ Addiction Care Center of Albany, Inc. –
 - Vista House - Contact: 518-269-3989
- ✓ Hope House –
 - The Bette Center - Contact: 518-486-8973
 - Men's Program – Contact: 518-486-8973
 - Women's Program – Contact: 518-486-8973
- ✓ Hospitality House (men)
 - Contact: 518-434-6468 ext. 118
- ✓ Trinity Alliance – Homer Perkins - Capacity: 20 beds
 - Contact: 518-436-1104

Outpatient Services

Opioid Treatment Programs - are indicated when the client does not meet the criteria for inpatient rehabilitation or intensive residential rehabilitation and the client *has an established opiate dependence condition, and chooses to participate in methadone treatment.*

- ✓ PROMESA- Camino Nuevo (New Path)- Bilingual Outpatient Clinic- Methadone and Suboxone Treatment available.
 - Contact: @ (518) 729-5659
- ✓ Whitney Young Methadone Maintenance Treatment Program
 - Contact: @ 518-463-3882

Outpatient Rehabilitation Services-are indicated when the client does not meet the criteria for inpatient rehabilitation, intensive residential rehabilitation or methadone treatment services and the client has an *inadequate social support system* to provide emotional and social support necessary for recovery, and the client has *Physical health care needs that require attention and monitoring, or the client has substantial deficits in functional skills* requiring longer term rehabilitation, including deficits in one or more of the following functional areas: activities of daily living, interpersonal skill, vocational/educational, or maladaptive social behavior. These services are generally 6 hours per day and include lunch.

- ✓ SPARC Outpatient Rehabilitation (2nd Ave.)
 - Contact: Stephen Lape @ 518-449-5170

Intensive Outpatient Services- are indicated when the client does not meet the criteria for any of the above levels of care and the client has a *moderate to severe dependence condition or there is a substantial risk for relapse.* These services typically occur from 3-5 visits per week (scheduled for 9 or more hours per week) for at least the first month of treatment.

- ✓ The Addiction Care Center of Albany, Inc.
 - Contact: @ 518-434-2367
- ✓ Eleanor Young Clinic
 - Contact: @ 518-465-8034
- ✓ Hope House Outpatient Clinic
 - Contact: Cindi Cole @ 518-427-8207
- ✓ SPARC Clinical Services/Latham
Adolescent Services Offered.
 - Contact: @ 518-783-5381
- ✓ SPARC Central-Albany
 - Contact: @518-482-2455
- ✓ SPARC Cohoes-
Adolescent Services Offered.
 - Contact: @ 518-235-1100
- ✓ Whitney Young OPC
 - Contact: 518-465-9345

Outpatient Services (non-intensive) - are indicated when the client does not meet the criteria for any of the treatment levels above. These services typically occur anywhere from 1-5 visits per week (less than 9 hours per week).

All Programs listed in Outpatient Intensive above and.....

- ✓ Albany County Integrated Clinic
 - Contact: @ 518-447-4551

- ✓ Equinox Outpatient Clinic
 - Contact: @ 518-434-6135

- ✓ LaSalle's Outpatient Clinic- (**Adolescents ages 12-18 years**)
 - Contact: @ 518-242-4731 ext. 225

- ✓ Pearl Counseling Center
 - Contact: @ 518-462-4320

- ✓ PROMESA- Camino Nuevo (New Path)- Bilingual Outpatient Clinic
Adolescent Services Offered.
 - Contact: @518-729-5659.

- ✓ Senior Hope (**Age 40 +**)
 - Contact: @ 518-489-7777

Specialized OASAS Licensed Services

Albany County Department of Mental Health

- ✓ Mobile Outreach Treatment Overdose Response (MOTOR) Unit - In community overdose follow up, substance use screening/assessment, peer advocate/engagement support, and connection to services.
 - Contact: 518 447-2067

Compulsive and Problem Gambling Services-

- ✓ Capital Counseling, The Center for Problem Gambling- Outpatient treatment services for problem/compulsive gamblers.
 - Contact: @ 518-462-6531

- ✓ Northeast Problem Gambling Resource Center
 - The NEPGRC connects individuals and families to treatment, recovery and support services for problem gambling. Education and training provided as well as resources.
 - Contact: call or text - 518-801-1491

Email – NortheastPGRC@NYProblemGambling.org
Website – NYProblemGamblingHELP.org

Recovery Community Centers

Second Chance Opportunities

- Contact: 518-489-1929

Capital District Recovery Center

- Contact: 518-487-4617

Additional Specialized Services

- ✓ **Sheriff's Heroin Addictions Recovery Program (SHARP)** – intensive treatment unit located in the Albany County Correctional Facility (ACCF) for inmates struggling with heroin/opiate addiction.
 - Office of the Albany County Sheriff

- ✓ **STOP-DWI** – community education/prevention program regarding the dangers of impaired driving.
 - Office of the Albany County Sheriff

- ✓ **Addiction & Recovery Family Support Navigator Family Program** –support and guidance to Albany County families and their loved ones struggling with addiction related issues.
 - Addictions Care Center of Albany Contact: 518.465.5829 x416

- ✓ **Addiction & Recovery Peer Advocate/Navigator Program** – services primarily in Albany County to quickly engage overdose victims and active drug users who utilize medical, judicial and other emergency response systems and link them to addiction treatment and recovery supports following a crisis. Peer navigators available 24/7.
 - Catholic Charities Project SAFE Point Contact: (toll free) 1.866.930.4999

- ✓ **Capital Region Open Access Engagement Program (CR-OAEP)** – a program for Albany County and the surrounding region, designed for individuals seeking assistance to address their substance use disorder, with an emphasis on engagement, support and facilitation of access to treatment. A **24/7/365** community based program building upon and enhancing services to meet individuals “where they are at”.
Albany County Department of Mental Health
Addiction Care Center of Albany
Catholic Charities Project Safe Point Contact: (toll free) 1-866-930-4999

Out of County Treatment Providers

- ✓ Conifer Park- 518-399-6446 (Also offers Inpatient Medically Supervised Withdrawal and Stabilization Services; Inpatient services for Adolescents)

- ✓ St. Mary's Addiction Services- 518-268-5000 (Also offers Medically Managed Withdrawal and Stabilization Services Services)

- ✓ McPike Addiction Treatment Center-Utica, NY- 315-738-4400 (OASAS Operated- okay if no insurance).

- ✓ St. Lawrence Addiction Treatment Center- Ogdensburg, NY- 315-393-3000 (OASAS operated- okay if no insurance).

- ✓ SPARC Rotterdam- Outpatient (**Adults and Adolescents**) contact: 518-3572909

- ✓ SPARC Saratoga- Outpatient (**Adults and Adolescents**) contact: 518-885-6884

Recovery Advocacy and Support

✓ **Friends of Recovery-NY (FOR-NY)**

Statewide Recovery Community Organization (RCO) committed to educating decision makers and the general public about addiction recovery and calls for the end of discrimination that blocks access to addiction treatment, housing and recovery support.

www.FOR-NY.org

518-487-4395

✓ **Young People in Recovery (YPR)**

Young People in Recovery is a national advocacy organization, which aims to influence public policy, making it easier for our youth to find and maintain their recovery from addiction.

Chapter Lead: Mike Miller

trillaog@gmail.com

<https://www.facebook.com/ypnnewyork>

✓ **Faces and Voices of Recovery- National Recovery Organization**

<http://www.facesandvoicesofrecovery.org/>

✓ **Partnership for Drug Free Kids- Information and Support for parents/families**

<http://www.drugfree.org/>

✓ **NIDA for Teens- Information for Teens , Parents and Educators**

<http://teens.drugabuse.gov/parents>

For additional information or questions, please feel free to call:

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