

**Welcome Back~ WILLOW and the Community Health Workers Missed You!**

As we return to our new normal, we wanted to take a few moments to thank everyone for their hard work and patience. Please continue to wear your masks, stay home when feeling sick and wash your hands often.  
**Everyone deserves to be healthy and safe!**

**Now is the time to start thinking about school readiness and immunizations**

If your child needs to catch up on their shots ~ contact your pediatrician today and schedule an appointment  
 The Health Department is also available to help ~ Let's create a Community of Immunity!  
 Call **(518) 447-4589** for more information



**Health & Wellness**

**Changes to Teen Clinic At Upper Hudson Planned Parenthood Health Center**

- The Teen Clinic hours have been suspended. At this time, Planned Parenthood is on Instagram live at 5pm every Thursday : @omgpp.
- UHPP also posts content on TikTok and Facebook under the name @uhppyhp



**At Age 1 and 2-- Testing for Lead is What to Do!**

Lead is very dangerous for children-- it can affect a child's brain and cause problems with learning.

For more information call Albany County Department of Health at **(518) 447-4615**

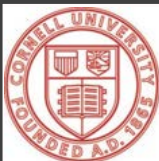


**Parents & Families**

**The Magic Years:**

A 4-part, researched-based parent education program for parents/caregivers of children from birth – 4 years old  
 Via Zoom 8:30 – 9:30 p.m. Thursdays, July 16, 23, 30, August 6

**Advanced Registration required: Contact Maria at (518) 765-3559**



**Early Head Start and Head Start**

**Enrollment for this program year and next year ~ Ages 6 weeks to 5 years are welcome**  
 Programs include: free tuition, breakfast and lunch, quality early childhood education and CPR/1st Aid certified staff.  
**Call now to enroll your child : (518) 463 – 3175 press option 2**



**Consumer Advocates**

National Grid employs Consumer Advocates to assist income-eligible and special needs customers facing financial hardship. Consumer Advocates also offer a variety of services to homebound customers.  
 For more information, customers are encouraged to contact a consumer advocate in your area.

Upstate New York: **1-800-443-1837** or [ConsumerAdvocatesUNY@nationalgrid.com](mailto:ConsumerAdvocatesUNY@nationalgrid.com)



**Other Services**

**Trinity Alliance Mass Food Distribution**

**Monthly Food Distribution to registered individuals in the community**  
**Contact Trinity Alliance for registration to receive the distribution:**  
**(518) 449-5155 M-F 8:30am-5pm**



**Promoting Independence for People with Disabilities**

1716 Central Ave, Albany | Monday – Friday, 9am – 5pm  
**(518) 459-6422 | [www.cdciweb.com](http://www.cdciweb.com)**

**Benefits | Housing | Advocacy | Youth Services | And More**

**Albany County Offers Services for Women, Infants, & Children**

**Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30**

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe.aspx>  
 Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and more

