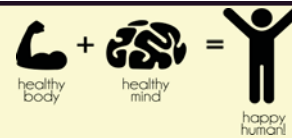


WILLOW has been away for a while, but we haven't forgotten you!

Community Health Workers are available for tele-health/virtual visits, contactless home visits, and social/emotional support
 Please contact our Single Point of Entry for connection to a Community Health Worker to lend a healing hand!
 (518) 447-7777 or by completing an electronic referral from <http://www.albanycounty.com/spoe.aspx>

Be A Well Woman And Encourage Others To Be Also!

- Schedule an annual physical– include talking to your doctor about healthy weight, family planning and increasing exercise
- Make sure you are up to date on your vaccines– adults need boosters too!
- Being a well woman includes being emotionally, socially, spiritually and financially well– seek resources to help with all of it!



Rabies Season Is Back — Capture that Bat!

Rabies is a deadly virus that attacks the nervous system.
 Watch Albany County Department of Health's video on safe ways to capture bats at:

<https://on.ny.gov/2GDeWSV> Or contact Albany County Department of Health for more info **(518) 447-4620**



The Albany County Department of Health Dental Clinic is Open!



In need of dental services for your child 2-18 years of age?
 Albany County Dental Clinic is ready to see you for an exam and cleaning!

Call **(518)447-4587** to schedule an appointment!



Mental Health/Self Care for Parents During COVID-19

Make time for self care ~ Pay attention to how you are feeling ~ A child's behavior is their way of communicating

If you or your children are struggling, reach out to friends, family or your doctor for help!

Visit www.zerotothree.org for resources and suggestions for self care during COVID-19



Alpha Pregnancy Center offers childbirth preparation, support groups, parenting and bible study.

Classes are held via Zoom. Pre-registration required.

Please call the main number: **(518) 462-2188** to schedule an appointment.



Interfaith Partnership for the Homeless: Community Connections

Supportive, flexible setting where community members can access services, including food and meals, clothing, laundry, showers, lockers, mailboxes, case management, and housing assistance.

Located at The Hoffman Family Center 315 Sheridan Avenue, Call **(518) 694-8899** for more info



Trinity Alliance Mass Food Distribution

May 4th 8:45 am Salvation Army- 20 S. Ferry St Albany

May 14th 8:45 am Arbor Hill Center 47 Lark St Albany

Bring bags/boxes ~ Available until it's gone (10:30-11am)



Blessingdale's Clothing Center

Clothing and Household Items

Hours for Women and Children:

Wednesday and Friday

9:30-11:30 am and 1:30-3:00 pm



Provided by Capital City Rescue Mission
 95 Trinity Place Albany NY

Call **(518) 462-0459 ext. 258**

Albany County Offers Services for Women, Infants, & Children

Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe.aspx>

Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and more

