



Wishing You Good Health, Hope and Kindness This Holiday Season
 From all of us at WILLOW ~ Shehyan, Vanessa, Megan, Miguelina, Seetha, Ericka and Lara

Health & Wellness



Albany County Department of Health Offering
WALK-IN COVID Vaccinations
 Monday-Friday 9:00am to 3:00pm
 175 Green Street Albany, NY



December 1, 2021 World AIDS Day:

Ending the HIV Epidemic: Equitable Access, Everyone's Voice

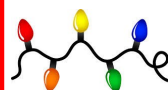


Contact Albany County Department of Health for more information **(518) 447-4589**



Albany County Healthy Neighborhood Program

Offering health education, safety assessment, resources and referrals on Home/child safety, asthma control and cleaning supplies for City of Albany, Cohoes and Watervliet
 Call **(518) 765-3512** to schedule a visit



Early Childhood Education | Community & Career Services | Energy Services
Head Start & Early Head Start—Open for Enrollment

Career Service • Home Weatherization • Rental Assistance • Food Pantry • & More

333 Sheridan Ave • Albany, NY 12206 • (518) 463-3175 • albanycap.org

Parents & Families



Alpha Pregnancy Center offers childbirth preparation, support groups and parenting

Classes are held via Zoom. Pre-registration required.

Please call the main number: **(518) 462-2188** to schedule an appointment.

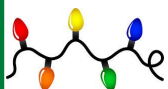


Postpartum Depression Support Group with Albany Med Pediatrics

Offered In-Person Tuesdays from 4:15pm - 5pm at 357 Myrtle Ave Albany

Offered Virtually via ZOOM Mondays from 12pm -12:45pm

November 1st - December 27th, 2021 Email Selina at: grant3@amc.edu with questions



Trinity Alliance Food Pantries

Open for On-Site Pick-Up's Wednesday/Thursday/Friday
 Bring photo ID and proof of address to 15 Trinity Place, Albany NY
Call with any questions (518) 364-1103

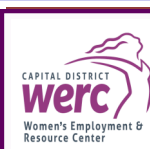
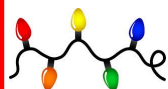


Other Services



Do you need Health Insurance? YOUR FAMILY COULD BE ELIGIBLE!
Regardless of your immigration status. Call us at (518) 486-8405

Do Necesitas Seguro Medico? TU FAMILIA PUEDE SER ELEGIBLE!
No importa cual sea el estatus migratorio. Llamanos al (518) 486-8405



Free job search and placement assistance

- Career readiness services via the telephone, email, Zoom meetings, and individual in-person appointments.
- Resume development, cover letter tips and career counseling.
- Job search assistance to include review of employers' job descriptions, discussion of job search strategies and interviewing tips.
- Online computer training resources for Microsoft Word, PowerPoint and Excel.

Please call **(518) 242-8249** for information and program eligibility.



Albany County Offers Services for Women, Infants, & Children
Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe>.
 Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and more

