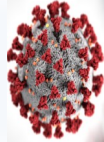



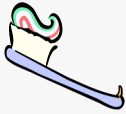


COVID 19 Walk-In Clinic at ACDOH
 Wednesday Walk-In Clinic is for booster doses.
 Pediatric appointments are available on the ACDOH link.
 Call ACDOH Clinic at 518-447-4589 to schedule 1st, 2nd and 3rd dose appointments
 for persons ages 12+





Health & Wellness

February Is Children's Dental Health Month




Brush and floss daily, Get regular check-ups, Avoid sugary sweets and soda
 Call the Albany County Children's Dental Clinic for an appointment **(518) 447-4587**




NATIONAL DIABETES PREVENTION PROGRAM

Albany County Dept of Health and St. Peter's Health Partners Present
The National Diabetes Prevention Program ~ Virtual Class
 Thursdays from 6pm to 7pm ~ Starting February 3rd
 Open to Albany County Residents
 Support, education and information on managing pre-diabetes and diabetes
 To register, contact Barbara at **(518) 447-3548**



Parents & Families

Baby Cafés are FREE for pregnant and breastfeeding families and offer:
 Support from specifically-trained staff, Opportunities to share experiences and make friends,
 Refreshments, comfortable seating, and open-forum discussions
 Visit: healthprograms.org for more information and class schedule




albany community action partnership
 THE POWER OF CHANGE

Early Childhood Education | Community & Career Services | Energy Services
 Head Start & Early Head Start—Open for Enrollment
 Career Service • Home Weatherization • Rental Assistance • Food Pantry • & More
 333 Sheridan Ave • Albany, NY 12206 • (518) 463-3175 • www.albanycap.org




Alpha Pregnancy care center

Alpha Pregnancy Center offers childbirth preparation, support groups and parenting
 Classes are held via Zoom. Pre-registration required.
 Please call the main number: **(518) 462-2188** to schedule an appointment.



Other Services

National Grid employs Consumer Advocates to assist income-eligible and special needs customers facing financial hardship. Consumer Advocates also offer a variety of services to homebound customers.
 For more information, customers are encouraged to contact a consumer advocate in your area.
 Upstate New York: 1-800-642-4272 or ConsumerAdvocatesUNY@nationalgrid.com



Blessingdales Clothing Center
 Provided by Capital City Rescue Mission
 Clothing and Household Items
 95 Trinity Place Albany NY




Women's Hours: Wednesday and Friday
 9:00-11:00 am and 1:00-3:00 pm
 Call **(518) 462-0459 ext. 258**



Trinity Alliance
 OF THE CAPITAL REGION
 EMPOWERING PEOPLE FOR BRIGHTER FUTURES

Trinity Alliance Food Pantries
 Open for On-Site Pick-Up's Wednesday/Thursday/Friday
 Bring photo ID and proof of address to 15 Trinity Place, Albany NY
 Call with any questions **(518) 364-1103**




Albany County Offers Services for Women, Infants, & Children
Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30
 The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe>.
 Operators available to answer questions, offer support and make referrals to medical and dental providers,
 counseling, self-care education and more

ACDOH publishes this Community Resource Bulletin to increase awareness about community services available to women and children in Albany County. Community service providers interested in having their services listed here are encouraged to submit information to Lara.Madison@albanycountyny.gov



Albany County Department of Health
 Daniel P. McCoy, County Executive
 Elizabeth F. Whalen, MD, MPH
 Commissioner of Health



Albany County Department of Health
 is nationally accredited and meets rigorous public health standards set forth to best meet the needs of our community.