



Health & Wellness



COVID 19 Vaccination Clinic at ACDOH
Walk-In Daily from 9am to 3pm
Or Call Albany County Clinic at **(518) 447-4589** to schedule an appointment

Upper Hudson Planned Parenthood Teen Clinic

Thursdays, 3:30-4:30 starting July 14th 855 Central Ave. Albany NY
Appointment slots available ~ Most teens eligible for coverage under the Family Planning Benefit Program ~
Free insurance that covers all birth control methods, annual exams, and pap smears.
Bring your ID and proof of residence



Upper Hudson Planned Parenthood

Time to start thinking about school readiness and immunizations

If your child needs to catch up on their shots before school starts ~
contact your pediatrician today and schedule an appointment
The Health Department is also available to help ~



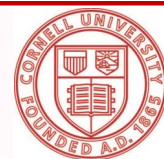
BACK TO SCHOOL

Let's Create a Community of Immunity! Call **(518) 447-4589** for more information

The Magic Years

Join to discuss parenting strategies that are positive, supportive and provide valuable info on the best parenting practices
Mondays, July 18, 25, August 1, 8 & 15th Noon to 1:15pm

Advanced registration required, contact Maria at **(518) 598-9937** with questions



Parents & Families



Do you need help paying for child care?

Funds are available for income eligible families in Albany County and work a minimum 25 hours a week. Subsidy can be applied to licensed, registered or legally exempt day care, after school or summer camp programs.

To receive an application, complete a pre-screening by visiting wdiny.org/childcare

At Age 1 and 2– Testing for Lead is What to Do!

Lead is very dangerous for children– it can affect a child's brain and cause problems with learning.

For more information call Albany County Department of Health at **(518) 447-4615**



Are You A Victim of Domestic Violence Who is Pregnant or Has Children?

Money is available for income-eligible survivors for short-term emergency expenses like rent, utilities and groceries

Go to OPDV.NY.GOV or Call **(800) 942-6906** for more info



Other Services



Legal Hand Call-In Center — Serving Albany and Schenectady Counties

These are trained volunteers who provide free info, assistance and referrals to people to resolve issues like employment, housing, family, immigration, domestic violence and benefits

Call **(518) 400-5544** or email at schenectadyalbanyhelp@legalhand.org

Trinity Alliance Mass Food Distribution

Salvation Army– 20 S. Ferry St July 5th @ 9:00am & Arbor Hill– 47 N. Lark Street : July 15th @ 9:00am

Bring ID and bags/boxes - Available until it's gone!



Albany County Offers Services for Women, Infants, & Children
Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe>.

Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and so much more!

