



Health & Wellness

COVID 19 Vaccination Clinic at ACDOH

Walk-In Daily from 9am to 3pm
Or Call Albany County Clinic at **(518) 447-4589** to schedule an appointment



Upper Hudson Planned Parenthood Teen Clinic

Thursdays from 3:30-5:30 855 Central Ave. Albany NY
Appointment slots available ~ Most teens eligible for coverage under the Family Planning Benefit Program ~
Free insurance that covers all birth control methods, annual exams, and pap smears.
Bring your ID and proof of residence

Time to start thinking about school readiness and immunizations

If your child needs to catch up on their shots before school starts ~
contact your pediatrician today and schedule an appointment
The Health Department is also available to help ~
Let's Create a Community of Immunity! Call **(518) 447-4589** for more information



DO YOU NEED ASSISTANCE WITH CHILD CARE COSTS?

If your household income is at or below **300% of federal poverty level YOU** may qualify for assistance!
To apply Call: (518) 447-7435 OR Email: DSSCHILDCARESUBSIDYUNIT@ALBANYCOUNTYNY.GOV



Parents & Families

Farmers Market Coupons are Back! Along with our increased fruits and veggies.
WIC is providing Farmers Market Nutrition Program coupons throughout the summer and fall.
Please contact **(518) 432-4033** for more info



Alpha Pregnancy Center offers childbirth preparation, support groups and parenting



Classes are held via Zoom. Pre-registration required.
Please call the main number: **(518) 462-2188** to schedule an appointment



Other Services



Trinity Alliance Mass Food Distribution

Salvation Army- 20 S. Ferry St September 6th @ 9:00am
Arbor Hill- 47 N. Lark Street : September 16th @ 9:00am
Bring ID and bags/boxes - Available until it's gone!



Blessingdales Clothing Center

Clothing and Household Items
95 Trinity Place Albany NY



Provided by Capital City Rescue Mission
Women's Hours: Wednesday and Friday
9:00-11:00 am and 1:00-3:00 pm
Call **(518) 462-0459 ext. 258**



SUPER HERO SUNDAY!

Shang-Chi and the Legend of the Ten Rings

Sunday September 4th 4:30pm

Free at MVP Arena, S. Pearl St Albany - Bring a chair, snacks and enjoy the movie!



Albany County Offers Services for Women, Infants, & Children

Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe>.
Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and so much more!

