



happy holidays!

~ From the Staff at WILLOW ~

Wishing you and your loved ones a peaceful holiday season!

Shelyan, Vanessa, Megan, Miguelina, Ericka and Lara

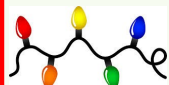


Health & Wellness



Fight the Flu at Home and School!

Get a flu shot ~ Stay home if you or your child is sick ~ Wash hands often with soap and water
Contact your Doctor or Albany County Department of Health to schedule your flu shot!



December 1st is World AIDS Day

Putting Ourselves to the Test: Achieving Equity to End HIV
Know your status, treat with medications, use protection
Contact Albany County Department of Health for more information (518) 447-4589



Parents & Families



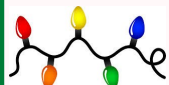
Early Childhood Education | Community & Career Services | Energy Services
Head Start & Early Head Start—Open for Enrollment

Career Service • Home Weatherization • Rental Assistance • Food Pantry • & More

333 Sheridan Ave • Albany, NY 12206 • (518) 463-3175 • albanycap.org

School Based Health Center (SBHC)

Available to all students living in the Albany City School District
Services available include: physicals, sick visits, vaccinations and COVID 19 testing
Call (518) 407-0172 to schedule an appt. Paperwork at wmyhealth.org or the school nurses office



Alpha Pregnancy Center

Offering Childbirth Preparation, Parenting Classes and Support Groups

Classes held via Zoom; pre-registration is required
Call (518) 462-2188 to join!



Other Services



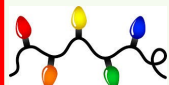
Trinity Alliance Food Pantry

15 Trinity Place or 47 Lark St, Albany
Photo ID and a piece of mail or lease arrangement to prove an area address.
Panttries will be open 5 days per week for on-site pickups.
Monday – Friday 9:30am – 4:30pm.

The Legal Aid Society

If you are having legal issues relating to:
Domestic Violence, Housing, Public Benefits, Immigration, Consumer and Disability

Contact The Legal Aid Society of Northeastern NY (833) 628-0087



National Grid employs Consumer Advocates to assist income-eligible and special needs customers facing financial hardship. Consumer Advocates also offer a variety of services to homebound customers.

For more information, customers are encouraged to contact a consumer advocate in your area
Upstate New York: 1-800-642-4272 or ConsumerAdvocatesUNY@nationalgrid.com



Albany County Offers Services for Women, Infants, & Children
Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe>.
Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and more

ACDOH publishes this Community Resource Bulletin to increase awareness about community services available to women and children in Albany County. Community service providers interested in having their services listed here are encouraged to submit information to Lara.Madison@albanycountyny.gov



Albany County Department of Health
Daniel P. McCoy, County Executive
Elizabeth F. Whalen, MD, MPH
Commissioner of Health



Albany County Department of Health is nationally accredited and meets rigorous public health standards set forth to best meet the needs of our community.