



The staff of the WILLOW wishes
 all of the amazing Mothers and Grandmothers

A Very Happy Mother's Day



Health & Wellness

Now is the time to start thinking about school readiness and immunizations

If your child needs to catch up on their shots before school starts ~
 contact your pediatrician today and schedule an appointment
 The Health Department is also available to help ~

Let's Create a Community of Immunity! Call **(518) 447-4589** for more information



BACK TO SCHOOL



Bats play an important role in nature but may also carry rabies

Rabies is a deadly virus that attacks the nervous system.

Watch Albany County Department of Health's video on safe ways to capture bats at:

<https://on.ny.gov/2GDeWSV> Or contact Albany County Department of Health for more info **(518) 447-4620**

Parents & Families



Pop Up Baby Shower for the Community
Saturday, May 6th from 10am to 1pm
Delaware Public Library, Delaware Ave Albany
Supplies, Resources and Information!



Early Childhood Education | Community & Career Services | Energy Services
Head Start & Early Head Start—Open for Enrollment

Career Service • Home Weatherization • Food Pantry • & More

333 Sheridan Ave • Albany, NY 12206 • (518) 463-3175 • www.albanycap.org



Baby Cafés are FREE for pregnant and breastfeeding families and offer:

Support from specifically-trained staff, Opportunities to share experiences and make friends. Refreshments, comfortable seating, and open-forum discussions

Thursdays from 11am to 1pm~ Albany Housing Authority 200 S. Pearl Street



Other Services



Trinity Alliance Mobile Resource Center

Helping families in Albany County with children ages 8-21
 Team Leaders, Peer Advocates, Service Navigators and DV Specialists
 MRC Direct Phone: **(518) 870-3026** for more information

Are you in need of free and healthy food?

The Free Food Fridge of Albany is available to help!

Visit www.freefoodfridgealbany.com for a complete list of locations

In Albany: The Free School, In Our Own Voices, Albany Center Gallery, Radix Center, Albany Barn, Boys and Girls Club



Trinity Alliance Food Pantries

Mass Food Distribution: May 10th 8:00 am until food is gone. 20 S. Ferry St. Albany
 Bring ID/Bags/Carts

Regular Food Pantry: Open 5 days per week for on-site pickups. Monday – Friday 9:30am – 4:30pm.
 Trinity Center @ 15 Trinity Place or Arbor Hill Center @ 47 North Lark Street, Albany



Albany County Offers Services for Women, Infants, & Children

Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe>.
 Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and more

ACDOH publishes this Community Resource Bulletin to increase awareness about community services available to women and children in Albany County. Community service providers interested in having their services listed here are encouraged to submit information to Lara.Madison@albanycountyny.gov



Albany County Department of Health
 Daniel P. McCoy, County Executive
 Elizabeth F. Whalen, MD, MPH
 Commissioner of Health



Albany County Department of Health is nationally accredited and meets rigorous public health standards set forth to best meet the needs of our community.