



Bats play an important role in nature but may also carry rabies

Rabies is a deadly virus that attacks the nervous system.

Watch Albany County Department of Health's video on safe ways to capture bats at:

<https://on.ny.gov/2GDeWSV> Or contact Albany County Department of Health for more info (518) 447-4620

Health & Wellness



Upper Hudson Planned Parenthood

Upper Hudson Planned Parenthood Teen Clinic

Thursdays from 3:30-5:30 855 Central Ave. Albany NY

Appointment slots available ~ Most teens eligible for coverage under the

Family Planning Benefit Program ~

Free insurance that covers all birth control methods, annual exams, and pap smears.

Bring your ID and proof of residence



Period Pantries Are Now Open!

Pantries providing menstrual products free of charge are now open to the community

~ Accessible 24/7 ~

In Albany: Family Self Sufficiency Office @200 Green St Albany

or Trinity Alliance @ 47 Lark St Albany.

Additional locations: <https://www.google.com/maps/d/edit?mid=1D7NngumurKN5Z/ZyA8anmlQ9aeF-58C2k&usp=sharing>



Bites Camera Action!

Family Friendly Outdoor Movies ~ On the lawn at SUNY Administration

Building on State St and Broadway ~ Seating opens at 7:30pm

Friday July 7th- **The Iron Giant** with live music by the apostrophebeats and Blue Ranger



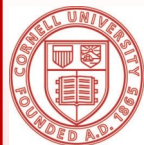
Now is the time to start thinking about school readiness and immunizations

If your child needs to catch up on their shots before school starts ~

contact your pediatrician today and schedule an appointment

The Health Department is also available to help ~

Let's Create a Community of Immunity! Call (518) 447-4589 for more information



The Magic Years

Join to discuss parenting strategies that are positive, supportive and provide

valuable info on the best practices for you and your children

Monday: 7/17, 7/24, 7/31, 8/7 and 8/14 Noon to 1:15pm

Advance registration is required - to receive the link electronically or if you have questions, contact Maria at mkd59@cornell.edu



Trinity Alliance Food Pantries

Mass Food Distribution: July 12th 8:00 am until food is gone. 20 S. Ferry Street Albany

Bring ID/Bags/Carts

Regular Food Pantry: Open 5 days per week for on-site pickups. Monday – Friday 9:30am – 4:30pm.

Trinity Center @ 15 Trinity Place or Arbor Hill Center @ 47 North Lark Street, Albany



Connections to Care- Family Opportunity Center

Free Services ~ (518)444-2907 or email at connectionstocare@st-cath.org

We can help with:

Finding new ways to deal with stress - Making social and community connections - Promoting healthy development of children - Family, child and school communication - Assuring that basic needs are being met - Care Coordination



Trinity Alliance Mobile Resource Center

Helping families in Albany County with children ages 8-21

Team Leaders, Peer Advocates, Service Navigators and DV Specialists

MRC Direct Phone: (518) 870-3026 for more information



Albany County Offers Services for Women, Infants, & Children

Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe>.

Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and more

ACDOH publishes this Community Resource Bulletin to increase awareness about community services available to women and children in Albany County. Community service providers interested in having their services listed here are encouraged to submit information to Lara.Madison@albanycountyny.gov



Albany County Department of Health

Daniel P. McCoy, County Executive

Elizabeth F. Whalen, MD, MPH

Commissioner of Health



Albany County Department of Health is nationally accredited and meets rigorous public health standards set forth to best meet the needs of our community.