



**World Breastfeeding Week ~ August 1st to 7th**  
**Enabling Breastfeeding ~ Making a Difference for Working Parents**

**Friday August 4th from 12pm to 2pm**  
**WMYHC Breastfeeding Celebration 920 Lark Drive, Albany**

**Health & Wellness**



**Bats play an important role in nature but may also carry rabies**

Rabies is a deadly virus that attacks the nervous system.

Watch Albany County Department of Health's video on safe ways to capture bats at:

<https://on.ny.gov/2GDeWSV> Or contact Albany County Department of Health for more info (518) 447-4620



**Period Pantries Are Now Open!**

Pantries providing menstrual products free of charge are now open to the community  
 ~ Accessible 24/7 ~

In Albany: Family Self Sufficiency Office @200 Green St Albany  
 or Trinity Alliance @ 47 Lark St Albany.

Additional locations: <https://www.google.com/maps/d/edit?mid=1D7NngumurKN5Z/ZyA8anmlQ9aeF-58C2k&usp=sharing>



**Parents & Families**



**Bites! Camera! Action! Movies in the Park**

**Space Jam (1996) with youth basketball activities led by the Albany Patroons**

**Friday August 4th 7:30 pm The Lawn at NYS Administration Building at State and Broadway**



**Now is the time to start thinking about school readiness and immunizations**

If your child needs to catch up on their shots before school starts ~  
 contact your pediatrician today and schedule an appointment  
 The Health Department is also available to help ~

Let's Create a Community of Immunity! Call (518) 447-4589 for more information



**Other Services**



**Trinity Alliance Food Pantries**

**Mass Food Distribution:** August 9th 8:00 am until food is gone. 20 S. Ferry Street Albany  
 Bring ID/Bags/Carts

**Regular Food Pantry:** Open 5 days per week for on-site pickups. Monday – Friday 9:30am – 4:30pm.  
 Trinity Center @ 15 Trinity Place or Arbor Hill Center @ 47 North Lark Street, Albany

**Connections to Care– Family Opportunity Center**

Free Services ~ (518)444-2907 or email at [connectionstocare@st-cath.org](mailto:connectionstocare@st-cath.org)

**We can help with:**

Finding new ways to deal with stress - Making social and community connections - Promoting healthy development of children - Family, child and school communication - Assuring that basic needs are being met - Care Coordination



**Capital Region Nurses Middle College Charter School**

Tuition FREE High School enrolling students entering the 9th grade  
 Earn College Credits, CPR Certification, CNA License, NYS Regents Diploma and more

Call the Enrollment Team: (518) 212-7811 for more questions



**Albany County Offers Services for Women, Infants, & Children**

**Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30**

The Single Point of Entry Referral Form and information is now available online: <http://www.albanycounty.com/spoe>.  
 Operators available to answer questions, offer support and make referrals to medical and dental providers, counseling, self-care education and more

ACDOH publishes this Community Resource Bulletin to increase awareness about community services available to women and children in Albany County. Community service providers interested in having their services listed here are encouraged to submit information to [Lara.Madison@albanycountyny.gov](mailto:Lara.Madison@albanycountyny.gov)



Albany County Department of Health  
 Daniel P. McCoy, County Executive  
 Elizabeth F. Whalen, MD, MPH  
 Commissioner of Health



Albany County Department of Health is nationally accredited and meets rigorous public health standards set forth to best meet the needs of our community.